



MICROLIFE SPRING NEWSLETTER | VOL. 17

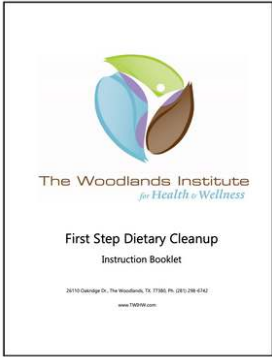
“NEVER DOUBT THAT A SMALL GROUP OF THOUGHTFUL, COMMITTED, CITIZENS CAN CHANGE THE WORLD. INDEED, IT IS THE ONLY THING THAT EVER HAS.” — MARGARET MEAD

WELCOME TO SPRING!

By: Sara Wissinger, Marketing Director of MicroLife & OHBA

As the vibrant hues of spring begin to emerge, so does our commitment to eco-friendly lawn and garden care. We are so excited to usher in the season of Organic blooms and fantastic growth with you and practices that promote lush, chemical-free landscapes. Springtime invites us to reconnect with nature and cultivate spaces that thrive without the need for harmful chemicals.

At MicroLife, we provide professional-grade organic fertilizers and Organic expert tips for creating lush, pesticide-free landscapes. Join us as we dive into the art of organic lawn and garden care this spring.



FIRST STEP TO HUMAN DIETARY CLEANUP

By: Dr. Mila McManus, MD., Owner of The Woodlands Institute of Health & Wellness

3 Important Tips for Nutritional Success:

- 1. Eat Variety
- 2. Eat Real, Eat Clean
- 3. Remember that you are unique.

*READY TO UPGRADE YOUR HEALTH?
DOWNLOAD THE BOOK:*

[CLICK HERE](#)

NON-TOXIC WEED CONTROL: 5 STEPS TO EMBRACE THE ORGANIC WAY

By: Jason Ostermayer, Co-owner of Healthy Soil Organics

Hello, eco-warriors and green enthusiasts! Tackling weeds without harming Mother Nature is a mission we all cherish. Let's explore 5 simple, organic methods to keep those unwanted guests at bay, ensuring our gardens, landscapes, and farms flourish naturally.

1. **Propane Torch Technique** Instead of boiling water, we recommend the precision of a propane torch to directly target and burn away weeds in driveway cracks and garden paths. It's a swift, effective method that offers immediate results, allowing you to control where you apply the heat to minimize impact on surrounding plants.



2. **Mulch Magic** A thick layer of organic mulch around plants acts as a natural barrier against weeds, while retaining soil moisture and encouraging healthy plant growth. This method is a cornerstone of organic gardening, providing both aesthetic and functional benefits.

3. **Vinegar The Weed Slayer** Arm yourself with a spray bottle of common 20% vinegar to combat young weeds. The acetic acid within is especially lethal to sprouts. Precision is key—target the weeds carefully to protect your cherished plants.

4. **Pull by Hand** Engage in the timeless tradition of hand-pulling weeds. This method is most effective when the soil is moist, allowing for the complete removal of weeds, roots and all. There's a unique satisfaction in manually clearing your garden of intruders.



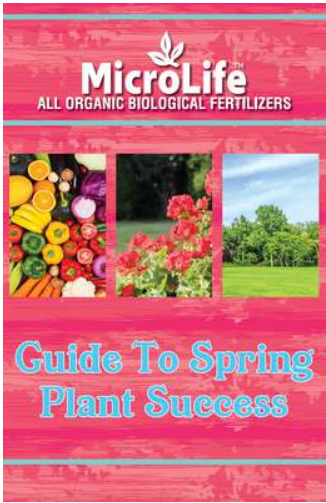
5. **Baking Soda Blitz** For this eco-friendly tactic, start by using a sprayer filled with water and a squirt of blue Dawn original dish soap (avoid the antibacterial varieties) to dampen the weed's leaves. Then, sprinkle baking soda over the wet leaves. The combination is particularly effective in managing weeds while being gentle on the environment.

Keep It Organic, Keep It Fun Organic weed control is about aligning our gardening practices with the rhythms of nature. These 5 steps offer a blend of effectiveness and environmental stewardship, guiding us towards a healthier garden and a happier planet. Embrace these methods, and let's celebrate our green spaces as a tribute to our love for the environment. Happy weeding!



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CHECK OUT OUR GUIDE TO SPRING PLANT SUCCESS!



Lawn Care Recommendations



Flower Growing



Benefits of Organics



Tree & Shrub Care



Vegetable Growing



CUT FLOWERS GROWING IN HOUSTON SPRING

By: Sarah Yashinskies, Farmer at Donna’s Farm, Marketer & Event Planner for OHBA + MicroLife

Houston is great for growing cut flowers through the Spring. The term cut-flowers refers to a flower cut from the plant for use in decoration. Many times, when researching cut flowers, the information is based on Northern growers, making it tough to grow the correct flowers. From my 4 years of flower farming experience, this is the knowledge that I can offer you!



Zinnias are a cut flower powerhouse. They thrive in the heat, produce a ton of blooms and keep blooming for a long time. That is, as long as you respect the plants by dead-heading—removing the spent blooms to signal the plant to keep producing. Zinnias are also a great landscaping plant. They grow to be about 3-4 ft high, and have such beautiful colors to offer your landscape.

Sunflowers. This one is a no-brainer. Sunflowers thrive in our warm spring. They are not only gorgeous, but are great for soil health. Sunflowers are commonly used as a cover crop and for soil restoration because of their incredible phytoremediation properties. This means that they are capable of removing heavy toxins and even radiation from the soil.



One of my favorite cut flowers in the spring is **Celosia**. The variety of this plant is mind-boggling. Depending on the variety you grow, they could look like a brain, a feather or a coral reef, and the colors they offer are breathtaking. They love the heat in Houston and can add great color to your landscape.

My secret weapon when it comes to growing cut flowers is using the MicroLife Perfect Color Program. Prepare the soil with MicroLife Ultimate 8-4-6 and MicroGro Granular. Both of these products will give the flowers all the nutrition they need to grow strong roots, and remain healthy through the spring. As buds begin to form, foliar feeding with MicroLife Maximum Blooms encourages further bud development, leading to an abundance of flowers.

Cut flowers not only enhance outdoor landscapes but also bring the beauty of nature indoors. Embrace the opportunity to experiment with floral design by incorporating these blooms into your landscape this year!



SPRING LAWN CARE WITH MICROLIFE

CHOOSE ONE FOR FANTASTIC RESULTS!



Multi-Purpose 6-2-4 - **OR** -
Apply at 20 lb
per 1,000 sq ft



Hybrid 20-0-5
Apply at 5lb
per 1,000 sq ft

HUMATES THE SECRET TO SPRING SUCCESS

Show your lawn some special love with
MicroLife Humates Plus 0-0-4

A cost-effective way to improve all soils and cut out the need for pre-emergents as you will have less lawn weed problems.

Rate: 10 lb per 1,000 sq ft

Our Concentrated Compost In A Bag!



GET OUT AND GARDEN + SHOP LOCAL!

By: Sara Wissinger, Marketing Director of MicroLife & OHBA

Spending time in the garden offers an array of both mental & physical benefits. Gardening will uplift mood, alleviate stress, and enhance your immune system through exposure to natural elements. Moreover, gardening often fosters a sense of community as individuals come together to share their passion for cultivating plants, so get your hands dirty this Spring and reap the rewards of being one with Mother Nature.

As you prepare to get out and garden, make sure that you shop local! There are so many benefits to going to your local garden center. The highly trained & knowledgeable employees understand the local climate, soils & plants. You will be supporting the local community & economy while reducing environmental impact. The care provided through their top-notch customer service will keep you coming back time and time again.

Find MicroLife at Your Local Garden Center:
www.microlifefertilizer.com/retailers



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